



GOVERNMENT MEDICAL COLLEGE  
Sailana Road NH927A, Ratlam Madhya Pradesh 457001, India  
MEDICAL EDUCATION UNIT/ CURRICULUM COMMITTEE

E-mail ID:- meugmcr@gmail.com

Web :- www.gmcratlam.org

S.NO.- MEU/CC/ / 60/2024

Date: - 03 / 10 / 2024

**Notice:**

**Commencement of Foundation Course for UG MBBS Students (2024-25 Batch)**

This is to inform all faculty members, parents, and students of the 2024-25 Under Graduate MBBS batch that the Foundation Course under the Competency-Based Medical Education (CBME) Curriculum will commence on October 14<sup>th</sup>, 2024, at Government Medical College, Ratlam.

The Foundation Course is a crucial first step in the medical journey of the students, running for 2 weeks. Its purpose is to bridge the gap between high school education and the requirements of a professional medical career. The course has been designed to develop essential skills, values, and a deep understanding of the healthcare system.

The comprehensive schedule is attached herewith.



*Dr. Anita Mutha*  
Govt. Medical College  
Ratlam (M.P.)

Dean & Chairman of Medical Education Unit  
& Curriculum Committee  
Dr. Anita Mutha  
Government Medical College, Ratlam



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1st Year MBBS Teaching Schedule(2024-2025)

Government Medical College Ratlam (M.P.)

Convenor-Dr.Manoj M.Paliwal,  
Professor &HOD, Department Of Biochemistry

Coordinator-Dr.Darshana Jain,  
Associate Professor, Department Of Biochemistry

## Foundation Course Blueprint

Subjects/Contents
Orientation Module including History of Indian Medicine
Skills Module
Community orientation module
Professional Development and Ethics Module (P&E) including Mental health
Enhancement of Language and Computer Skills Module including clinico-laboratory communication
Sports and Extra curricular Activities

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**Foundation Course Schedule**

Day&Date	09:00am-10:00am	10:00am-11:00am	11:00am-12:00pm	12:00pm-01:00pm	01:00 pm - 02:00	02:00pm-03:00pm	03:00pm-04:00pm	04:00pm-05:00pm
Monday 14/10/2024	Registration  (Ms.Nikita/ Priya	Inauguration & Welcome Ceremony: Dean's Address :- Welcome, vision, mission of the Institution, Roles of an Indian Medical Graduate  (Dr Darshna Jain)		Interaction of students and parents with dean and faculty  (Dr Darshna Jain)		Rules and Regulations of the institution.  [(K)(K)]  (Dr J.C. Hundekari)	Visit to the Hostel / Campus/ College/ Hospital/Library Facility  (Dr Mohit Kulmi, Dr Smriti Tiwari Pandey, Dr Vijay Chouhan, )	
Tuesday 15/10/2024	Yoga/Meditation in Medicine  (Dr. Lokendra singh Kot & team) [(S,A)(P)]		History of Medicine and alternate systems of Medicine [(K)(K)]  (Dr S.K. Likhkar and team)	IMG roles / overview of MBBS curriculum and various career pathways [(K)(K)]  (Dr Sanjib Das and team)		Health Care System & it's Delivery [(K)(KH)]  (Dr. S.K.Likhkar & team)	National Health programmes and policies [(K)(KH)]  (Dr. S.K.Likhkar & team)	Introduction to Senior students (Dr Rahul Mittal, Dr Rajendra Singrolay, Dr Darshna Jain Dr.Mohit Kulmi)
Wednesday 16/10/2024	Yoga/Meditation in Medicine [(S,A)(P)] (Dr. Lokendra singh Kot & team)		Role of Doctors in the society [(K)(KH)] (Dr. Rekha Vimal, Dr.Mahendra chauhan, Dr.Sudhanshu Sharma , Dr.Nitin Kiradiya , Dr. Praveen Baghel,)			Introduction to 1st yr. Faculty  (All Phase 1 faculty along with their HODs)	Group Dyanamics [(K,S,A,C)(P)]  (Dr.Sanjib Das & Team)	
Thursday 17/10/2024								
Friday 18/10/2024	Yoga/Meditation in Medicine [(S,A)(P)] (Dr. Lokendra singh Kot & team)		White coat ceremony.  ( Dr Darshna Jain, Dr.Smriti Tiwari Pandey, Dr Priyanka Chauhan, Dr Mamta Maurya)			Working in a health care team [(K,S,A,C)(KH)]  (Dr. Mahendra Chouhan & team, Dr.Neelam Charles & team)	Extra curricular Activities include community based activities include Social service program (health camp or awareness)/rural health camp for community engagement/participating in public health or cleanliness drive  (Dr. Piyusha Mahashabde, PGs of community medicine & Pharmacology)	
Saturday 19/10/2024	Concept of Professionalism & Ethics, Dealing with Ethical Dilemmas, Cultural Sensitivity [(K,S,A)(KH)]  (Dr. Pradeep K. Mishra, Dr.Dhruvendra	Doctor-Patient Relationship [(K,S,A,C)(KH)]  Dr. Pradeep K.Mishra,Dr.Dhruvendra Pandey	Skill Module:Universal Precautions(UP) [(K,S,A)(KH)]  (Dr.Prafulla Songara & team)		Lunch	Skill Module : .First Aid & principles of primary care (General & community based care) [(K,S,A,C)(SH)]  (Dr. Neelam Chales & team/ Dr. Mahendra Chauhan & team/Dr.Mrs. Likhkar & team)		



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	Pandey & team)					
Monday 21/10/2024	Mental Health: Overview &Importance: [(K)(KH)]  Dr.Kapil Dev Arya & team	.Stress Management&Coping Mechanisms [(K,S)(SH)] (Dr. Kapil Dev Arya Dr. Gaurav Chittora, Dr. Lokendra singh Kot )	. Time Management [(K,S)(SH)]  (Dr. Lokendra singh Kot & team)		Mentor –Mentee Program (Student Section In-charge)	Extra curricular Activities include cultural activities like dance/music/skits/debates, group performances/art & craft  (Dr.Darshana Jain, Dr.Priti Kori, Dr Smriti Tiwari Pandey,Dr.Vijay Chouhan, Dr.Priyanka Chouhan)
Tuesday 22/10/2024	Basic Life Support [(K,S,A,C)(SH)]  Interactive Lecture & Video (Dr. Shailendra Dawar & team )				Skill Module: Basic Life Support Hands on Training (Dr. Shailendra Dawar & team ) [(K,S,A,C)(SH)]  Interactive Lecture & Video (Dr. Shailendra Dawar & team )	
Wednesday 23/10/2024	Skill Module: .Immunization [(K,S,A,C)(SH)]  (Dr. Mangilal Barman & team)	Interpersonal Relationship & Communication [(S,A,C)(KH,P)]  (Dr. Kapil Dev Arya, & team)	Clinico-Laboratory Communication: Coordinating with Labs [(K,S,A,C)(KH)]  ( Dr. Reetesh Kumar Gujar,Dr.Darshana Jain, Dr.Gaurav Saxena)		Reflective Session [(K,S)(P)]  (Dr.Sanjib Das & team)	Sports and Physical Activities like Karate/cricket/football/basketball/badminton/table tenis/Working out in gym (to be divided into groups based on student's preference)  (Dr Umesh Sinha, Dr Rajendra Singrolay, Dr.Priti Kori, Dr.Indrajeet Yadav, Smriti Tiwari Pandey, , Dr.Prianka Chouhan)
Thursday 24/10/2024	Language Skills: Communication with Patients, Writing Clinical Notes, Presenting Case Histories. [(S,A,C)(KH,P)]  (Dr.Rakesh Sisodia, Dr.Devendra Chouhan, Dr Manish Rathore,	Medical Terminology, Medical Documentation , Laboratory Communication: Lab Reports. [(K,S,C)(KH,P)]  (Dr. Reetesh Kumar Gujar, Dr.Rahul Mittal, Dr. Vijay Chouhan, )			Lecture on diff.types of learning including SDL [(K)(KH)]  (Dr.Sanjib Das & team)	Computer & Language (Basic Functions, Medical Software Overview, Using MS Office for Medical Writing , Internet Research in Medicine) [(K,S,)(KH,P)]  ( Dr. Sanjib Das, Dr.Dhruvendra Pandey, Dr. Lokendra singh Kot, Dr. Vinay Sharma & team)
Friday 25/10/2024	Community Orientation: [(K,S,C)(KH,P)]  (Dr S.K. Likhar and team)	Computer & Language (Basic Functions, Medical Software Overview, Using MS Office for Medical Writing , Internet Research in Medicine) [(K,S,)(KH,P)] (Dr. Sanjib Das, Dr.Dhruvendra Pandey, Dr. Lokendra singh Kot, ,Dr. Vinay Sharma & team)			Public Speaking in Medicine Mentors: [(S,C)(KH,P)]  Dr.Sanjib Das Dr. Ashish Kumar Maurya,Dr. Vijay Chouhan, Dr.Darshana Jain	Sports and Physical Activities like Karate/cricket/football/basketball/badminton/table tenis/Working out in gym (to be divided into groups based on student's preference) (Dr Umesh Sinha, Dr Rajendra Singrolay , Dr.Priti Kori, Dr.Indrajeet Yadav, Dr. Smriti Tiwari Pandey, Dr.Prianka Chouhan)
Saturday 26/10/2024	Extracurricular Activities: Debate/Group Discussions [(S,C)(KH,P)]  (Dr. J.C Hundekari, Dr.M.N Paliwal, Dr.P.Songara, Dr.Sanjib Das, Dr.Priyanka Chouhan, Dr. Rameshchandra Thanna				Sports and Extra curricular Activities : Team Games  (Unmonitored)	Valedictory session & Feedback  (Dr.Sanjib Das, Dr.S.K.Likhar, Dr.Dhruvendra Pandey ,Dr.Darshana Jain)

\*\* Expected predominant learning Domain to be addressed :K(Knowledge)/S(Skills)/A(Attitude)/C(Communication)  
 Expected learning level to be achieved by students:K(Know)/KH(Know how)/SH(Show How)/P(Perform)

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- \* Most of the activities will be conducted in lecture Hall 1. For other activities student will disperse from lecture hall 1 only.
- \* Sports In charge: -Dr. Rajendra Singrolay, Dr. Umesh sinha, Dr. Indrajeet Yadav.
- \* Extracurricular activity In charge:- Dr. Darshana Jain, Dr. Vijay Chouhan.
- \* Computer Skill Session In charge:- Dr. Mohit Kulmi, Dr. Lokendra Singh Kot.
- \* Faculty for languages :- Dr. Sanjib Das, Dr. Vijay Chouhan.

*Jain*  
03/10/24

Foundation Course Co- Coordinator  
Dr. Darshna Jain  
Associate Professor  
Department of Biochemistry  
GMC Ratlam

*Sanjib Das*

MEU/CC COORDINATOR  
Dr. Sanjib Das  
Government Medical College  
GMC Ratlam

MEDICAL EDUCATION UNIT  
GOVT. MEDICAL COLLEGE  
RATLAM (M.P.)  
VICE CHAIRMAN / COORDINATOR

*Anita Mutha*

Dean  
Govt. Medical College  
Ratlam (M.P.)

Dean & CEO  
Dr. Anita Mutha  
Government Medical College  
GMC Ratlam

Copy to:  
Convener & Coordinator of FC  
-All HODs to inform concerned teachers  
-Student section to disseminate among students of concerned batch  
-Website posting